



InfiniSynechis Volume 3, Issue 7, July 2022

US ISSN 2689-3177

*Welcome to the 7th issue, Volume 3, of **InfiniSynechis**, a monthly publication of Fearless Hearts Foundation*

Foundation News & Updates

All Foundation News and Updates can be found on the foundation website

Conscious Living

The Fundamental Things

Communicating.

Communicating is the verb signifying an exchange or flow of information. The noun that describes it communication

What is communication?

Communication is a process by which living beings relate to each other and their environment.

Ordinarily we think of communication as primarily an exchange of information which can be one way or multiple ways.

Although we are used to thinking about communication primarily on a person to person level, communication is an intrinsic means of survival of living things, such as plants and animals.

Living things communicate with each other and with their environment to insure their capacity to grow, survive and reproduce.

Components of communication

Communication is a process that involves a message/information/signal, a sender (the origin of the information), a receiver (who or what will receive the information), and a channel (the carrier of the information).

Chemical molecules can act as signals, messenger substances, information carriers and memory medium. For example when we smell perfume, the molecules in that perfume are dispersed in the air, enter our olfactory system and are registered in the brain. The scent can either evoke a pleasant or unpleasant experience.

Forms of communication between people

Written

Letters, emails, telephone text message: use of words on a medium such as paper or computer or telephone or for the vision challenged, braille.

Verbal

The use of a voice, whether natural or machine generated

Nonverbal communication, use of signals between participants for example experts can infer much about the two parties talking to each other. It is called body language.

Other forms of communication

Artist to audience communication

An artist tries to communicate to his audience through his creation, be it a piece of music, a painting, a dance, a play.

Machine communication

Invisible but measurable communication as in plant communication, animal communication, cell to cell communication, including neuronal communication, electrons interacting with each other, machine and human interfaces which allow humans to communicate with others.

With the use of touch, people who are visually impaired can “read” using braille.

Transcendental which is beyond that which can be perceived by the senses.

Channels of Communication

Written work

Radio

Telephone

Television

Computers

Art (in this case any creation that appeals to our senses. It evokes our appreciation for beauty, so it can be a painting, a sculpture, music, dance, poetry)

Steps of the Communication Process (this could be between human beings and between machines or between human beings interfaced with machines and other human beings)

Developing the Message

Encoding the Message.

Selecting the Channel.

Message Transmission.

Decoding the Message.

Feedback.

Steps 2, 3, 4 and 5 are the topics involved in encryption and decryption of messages.

Why communication is important

Personal and business success are very dependent on how the message is sent, received and acted upon. This is why the global advertising market is a multibillion dollar industry.

The advertisers are trying to convince the viewers to buy the product that they are pitching. This is on the global - macroeconomic level. The intent is transparent. To sell.

On the personal level, conversations between two friends, a lecturer and the students, a speaker and an audience, and the interviewer and the interviewed, differ mostly, in intent.

The challenge and near impossibility of a perfect communication

Communication between human beings can never be perfect. This limitation has much to do with the limitation of the words we use themselves as well as the layers of filters we automatically use as a result of conditioning we have received since childhood.

Words are inherently imperfect and are dependent on acculturation. For example, in phonetic languages such as Japanese and Chinese, characters that are similar in written form, when pronounced and accentuated differently will have different meanings.

The moment we hear or read something, we inject our own interpretation based on past experiences.

How we can improve the communication between humans

Conflict is a result of miscommunication or missed-communication. If communication were perfect, there would be no conflict, no fights, no divorces, no wars, for at the deepest level, we all want the same things.

As an individual, we can create an open space or a neutral zone between the participants during the communication process.

This space is the same as the silence in between the notes of the music, or the pauses in poetry or the rest in a dance. It is a gap in between thoughts. In this gap

between thoughts, there is only peace because in this moment we are not drawing from past experiences and neither are we projecting into the future.

We can learn to listen more and without judgment.

This article is published in the foundation blog

<https://fearlessheartsfoundation.org/fhf-blog/communicating>

Philanthropy

Notable Philanthropists

Michael and Susan Dell of the Michael & Susan Dell Foundation established in 1999.

Business Insights*

Fundamentals of Being in Business

We have created a dot com website dedicated to uplifting the human spirit, as well as educational materials related to business.

<https://fearlessheartsfoundation.com>

On Decisiveness

Decisiveness is one trait that is important in leadership. In the leadership role, the leader has the helm of a ship, no matter how big or small. He takes responsibility for the direction of the company.

We can learn from this. One does not have to be the top guy in a multibillion dollar company to assert “I am responsible” so no matter what your role is in the company, as long as it is assigned to you, you are responsible.

Business Ideas:

To see where the opportunities are, you only need to look around you, your neighborhood, your city. Often great business ideas are those that will improve products that are already established.

Commentary

Maintaining an engaged but detached attitude towards everything including business can be cultivated and practiced. Just be aware that once given a task, no matter how big or small, one engages fully but is not attached to the fruits of one's labor.

When birds fly in the sky, they leave no traces behind. When a gardenia blossoms, it simply gives its fragrance.

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Fundraising Announcement

Fearless Hearts Foundation is a public charity and welcomes any donation. To donate click on the weblink below

<https://fearlessheartsfoundation.org/donate>

Feedback

We welcome your feedback on this newsletter and if there are topics regarding conscious living, business insights or philanthropy that you would like to write about you are welcome to send it to us for review.

You can download the pdf file of this newsletter [here](#)

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